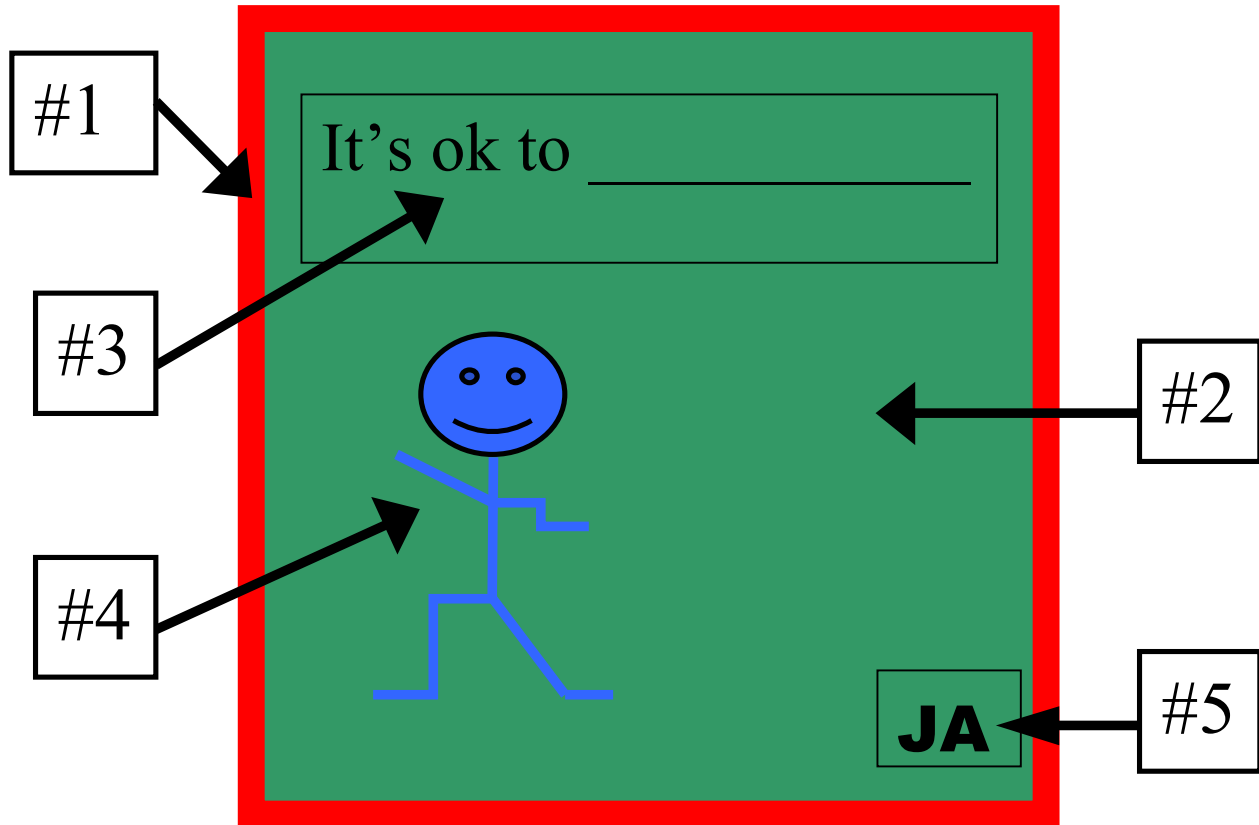


HOW TO MAKE A QUILT SQUARE



1. Draw a colored border.
2. If you want, color the background using a light color.
3. Write the phrase "It's ok to _____"
(fill in the blank with your idea)
4. Draw your picture.
5. Write your initials in the bottom right hand corner.