



Understanding Our Differences Presents

Executive Function in Children: How Parents Can Help

An evening presentation by Kristen Jacobsen, MS CCC-SLP
Thursday, February 9, 2023 • 7:00pm–8:30pm
via Zoom webinar

Executive Function Skills are the thinking skills that are required for planning and self-monitoring the completion of all tasks we need to accomplish every day. Many children find this kind of thinking and planning to be a significant challenge.

Parents, caregivers and teachers can help children with their Executive Function Skills by learning some basic principles and strategies. Often small ways to support children can make a big difference!

In this talk, Kristen Jacobsen will discuss:

- What Executive Function challenges in children – with and without a diagnosed learning disability – look like and foundational strategies
- What are situational awareness skills and why are they important
- How backwards planning works and makes a difference
- What is the recommended sequence of a good planning process
- How to improve time awareness and work around distractions, or “time robbers”
- Takeaways for your parenting toolkit and further resources

There will be plenty of time for Q&A with Kristen Jacobsen.

ADVANCE REGISTRATION IS REQUIRED.

To register, go to:
[UnderstandingOurDifferences.org/
executive-function](https://UnderstandingOurDifferences.org/executive-function)

Kristen Jacobsen, MS, CCC-SLP is an expert on executive function skills and a trained speech-language pathologist who is Co-Director at the Cognitive Connections Executive Function Practice. She provides training and coaching for teachers and professionals nationally, parent consultations, as well as student training and coaching services. Kristen is the co-author of the award-winning 360 Thinking Program that aims to improve students' executive function skills at school and home.



Understanding Our Differences
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Understanding Our Differences educates children and communities to actively respect, include and empower people of all abilities through interactive disability awareness programs.